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Instructional Support/Teacher Coach

## ***“SPIRIT” the Seahawk***

***Sunderland Promotes Integrity, Responsibility, Independence & Trust***

May 2, 2021

### ***News this week***

**Staff Appreciation Week is being celebrated this whole week!**

Please see the message from our FSO:

Please visit the FSO page to find more information and make a donation! <https://www.sunderlandfso.org/teacherappreciation>

#### **May 3rd - Macaroon Monday**

Teachers will be given sweet treats to thank them for all they do!

#### **May 4th - Thankful Tuesday**

Parents, staff, students and even fellow teachers write handwritten notes to all of the wonderful teachers who they appreciate!

#### **May 5th - Catered Lunch**

A mouth watering catered lunch from a local restaurant (not a chain) will be graciously provided for the school staff! Traditionally, the FSO coordinates food donations and facilitates daily lunches for teachers during teacher appreciation week. However, in light of Covid we have to have a special lunch catered professionally.

#### **May 6th - Bouquet Day**

Bring a flower to school to build a beautiful bouquet for your teacher!

#### **How can parents & students share their appreciation?**

The FSO would appreciate any donations to help support teacher appreciation week! We need parents and students who can write notes of appreciation for their teachers! We also need monetary donations to help offset the costs to provide sweets, flowers and the catered lunch. We would also love any donations of individually wrapped (purchased; not homemade) treats or goodies to provide to teachers in the staff lounge. Let's spoil our hardworking teachers!

- Please share with your neighbors, family and friends who may have homeschooled their child this year. Our staffing is based on our enrollment. IF families are planning to return to SES or another school in CCPS, I would encourage them to register or reenroll effective next year so that we do not lose staffing. Once staffing is reassigned, we will not get them back. Please share with those you know who may have chosen to homeschool but plan to return to school.
- CCPS will have a Virtual Academy next year. Here is some information on the Virtual Academy:
  - The system hosted one Town Hall event and will have a second event that is scheduled for Tuesday, May 4 at 6:00 pm.
  - Registration for students will be open from May 10 – 28. A form is being created and I will be shared once available.
  - CCPS will be asking for a year's commitment for each child in attending the Virtual Academy. However, there will be cases where we'll be looking at individual circumstances. We'll also allow rolling admission for a student new to the district.

- An FAQ is being drafted and will be posted next week on our website.

## Tech Tip from our Technology Committee

Beginners Guide to Microsoft Teams

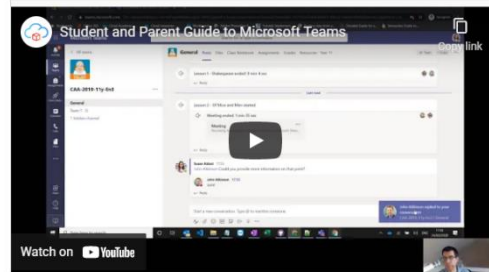
[Student and Parent Guide to Microsoft Teams](#)

Remember to keep the student computers plugged in and open over the weekend to receive CCPS updates.

If you have any **device issues or need a replacement device**: email: [ccpsdevicehelp@calvertnet.k12.md.us](mailto:ccpsdevicehelp@calvertnet.k12.md.us)

If you have any **app issues, such as Schoology, Dreambox, Lexia**: email: [ccpsapphelp@calvertnet.k12.md.us](mailto:ccpsapphelp@calvertnet.k12.md.us)

**\*\*\*It has been recognized that if a student is not fully logged out of Lexia or active the entire time they are logged in, the program will not log their minutes.**



## Equity Across Sunderland

**Habit #17 for culturally effective people is: Don't be afraid to ask.** Just because you are a good or well-meaning person doesn't mean that you understand how to treat people with differences respectfully. If you're not sure what to do or say, just ask. The only wrong conversation is the one you don't have.

See the top ten tips for culturally effective habits by Verna A. Myers, author of *What if I Say the Wrong Thing?*

<https://www.vernamyers.com/2020/05/15/what-if-i-say-the-wrong-thing-10-tips-for-culturally-effective-people/>

## FSO Updates

### Join the FSO:

There is still time to join the FSO for the school year! [www.sunderlandfso.org](http://www.sunderlandfso.org)

- FSO Meetings: The meetings are open for all to attend. They will be held virtually at 7:00PM until further notice. The Teams links are below and will be included in future letters, as well:

#### ○ Wednesday, May 5, 2021

### Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+1 240-800-7985,,56460260# United States, Bethesda

Phone Conference ID: 564 602 60#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

#### ○ Tuesday, June 1, 2021

### Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+1 240-800-7985,,307686339# United States, Bethesda

Phone Conference ID: 307 686 339#

[Find a local number](#) | [Reset PIN](#)

The FSO has developed a user friendly website that can be accessed through the Sunderland Elementary page at <https://sesweb.calvertnet.k12.md.us/parents/fso> **How can you support SES FSO??**

We would love to have every family join the FSO so if you would like to become a member, please click here: <https://www.sunderlandfso.org/membership>

**Support the Spirit Nights** at local restaurants where you support local business and our school! Check out the schedule: <https://www.sunderlandfso.org/spiritnights>

## ***Soaring Seahawks***

The Soaring Seahawks are how we recognize students for the showing the 3 R's and other Habits of Mind traits within our PBIS program- Respect, Responsible and Ready To Learn! We are proud of YOU! We have so many, we will be chunking the groups over the next few weeks! Way to SOAR!

### **Week of 4/26 – 4/30**

**Lilly Beasley** Respect to Others; Cooperation

Lilly always has a positive attitude when working in her small groups. It is so nice to work with such a kind, hardworking student! ~ Mrs. Bruzzese

**Ivy Cassa** Independence; Responsibility; Respect to School; Respect to Others; Ready to Learn; Cooperation

Ivy always shows up to classes on time with her camera on. Thank you for always being ready to learn, Ivy! ~ Mrs. Bruzzese

**Nicholas Carver** Integrity; Independence; Responsibility; Respect to School; Respect to Others; Ready to Learn; Perseverance

Nicholas always shows up to class on time with his camera on. He always volunteers and is ready to engage in class. Thank you, Nicholas! ~ Mrs. Bruzzese

**Bradley Dennis** Respect to School; Respect to Others; Cooperation; Courage

Bradley showed up to his first week back in school with a positive attitude. He worked hard and was very attentive. Thanks, Bradley! ~ Mrs. Bruzzese

**Saniya Fletcher** Integrity; Independence; Responsibility; Respect to School; Respect to Others; Ready to Learn; Cooperation; Perseverance

Saniya always attends class on time, has her camera on, and volunteers. I really appreciate how engaged you are in class, Saniya! Keep it up :) ~ Mrs. Bruzzese

**Jo-vel Dinnall, Elizabeth Sullivan, and Lincoln Ryan** Independence; Respect to School; Respect to Others; Cooperation

Jo-vel, Elizabeth, and Lincoln came to school for the first time this week. They were happy, respectful, and engaged. I am so happy to have all 3 of you in person with me! Keep up the great work!! ~ Mrs. Bruzzese

**Brayden Savoy** Independence; Responsibility; Respect to School; Respect to Others; Ready to Learn; Cooperation; Compassion; Perseverance

Brayden is a pleasure to have in my classroom. He is always on time, has his camera on, and volunteers. I so appreciate his positive attitude towards learning. ~ Mrs. Bruzzese

**Jacob Schultz** Integrity; Independence; Responsibility; Respect to School; Respect to Others; Ready to Learn; Cooperation; Perseverance

Jacob is a fantastic student. He is always on time with his camera on and willing to volunteer. Thanks for always being engaged, Jacob! ~ Mrs. Bruzzese

**Jayden Minnix**

Respect to Others; Responsibility; Independence

A student sitting in Jayden's area needed tech support. Before I could get to the student, Jayden had it all under control. Thank you, Jayden! ~ Mrs. Fleck

**Cole Accipiter, Meiyanna Alston, Tobias Dorn, Rashaad Garrett, Gabby Goshorn, Jayden Graves, Penny Koebele, Mihaila Milisavljevich, Brandon Mudd, Juleon Ray, Logan Smith, and Lyla Stillwagon**

Ready to Learn

These students did a great job during our Classroom Counseling lesson. They demonstrated they were ready to learn by participating in our careers Nearpod lesson and discussion. Keep up the great work! ~ Ms. Hilton

**Devin Angus, Izzy Collins, Chris Comey, Carter Glista, Natalie Hall, Nick Knott, Emerson Kuhstoss, David Levin, Kaleab Mekonnen, Max Miller, and Kaylyn Tyler**

Ready to Learn

These students were amazing during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating in our career Nearpod lesson. They had many great thoughts to share! Keep up the great work! ~ Ms. Hilton

**Olivia Allen-Baker, Hunter Genest, Ben Hardeman, Dallas McNulty, Jackson Medcalf, Andrew Nickerson, Dylan Reeder, Garrison Thigpen, and Gwyneth Turner**

Ready to Learn

These students were amazing during our Classroom Counseling lesson! They showed they were ready to learn by participating in our career's discussion and mindfulness practice. Keep up the great work! ~ Ms. Hilton

**Brighton Bowie, Cullen Finnegan, Jonny Janssen, Selena Jones, Sophia Nutwell, Brayden Prince, Evan Russell, Robert Smith, Daniel Stay, and Baylee Stevens**

Ready to Learn

What a fantastic job these students did during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating during our careers Nearpod lesson. Way to go! ~ Ms. Hilton

**Matthew Bellosi, Addy Bolger, Kylah Danna, Kellan Goodwin, Paisley Jarboe, Owen Kelly, Mihailo Milisavljevich, Olivia Murchison, McKenzie Nickerson, Riley Rickett, Nathan Soffer, Gabriel Thigpen, and Porter Wilkenson**

Ready to Learn

These students were rock stars during our Classroom Counseling lesson! They showed they were ready to learn by participating during our career's discussion and mindfulness practice. They are getting better each month with their mindfulness practice! Way to go! ~ Ms. Hilton

**Ellie Biggs, Kai Bricker, Martin Chen, Grant Dobb, Sam Dobb, Taylor Hall, Cole Hayden, Caroline Land, Eli Lucente, Chris Nickerson, Joshua Ray, Colby Stern, Keller Swann, Molly Thau, Alexander Vogel, and Cullen Wingard**

Ready to Learn

These students were superstars during our Classroom Counseling lesson! They showed they were ready to learn by participating during our career's discussion and mindfulness practice. I was so impressed that almost EVERY student participated in our mindfulness practice! Great job and keep practicing! ~ Ms. Hilton

**Ben Anderson, Sophia Cherowitzo, Molly Dunn, Molly Hayden, Chloe Holston, Levi Klahr, Gracie Miskell, Zion Morales-Morgan, Mason Pring, Prince Royster, Michael Stafford, Tricia Stokely, Owen Surratt, Alexis Voegtli, and Josh Walter**

## Ready to Learn

These students did a fantastic job during our Classroom Counseling lesson! They demonstrated they were ready to learn by participating in our careers Nearpod lesson. Way to go! ~ Ms. Hilton

### **Counselor's Corner from Ms. Hilton: May 2, 2021**

- May is **Mental Health Awareness Month** and the week of May 2 – 8 is **Children's Mental Health Awareness Week**. Everyone has mental health, and we must take care of our minds, just like we take care of our bodies. However, unlike our physical health, mental health problems can be harder to identify. You may be surprised to know that 1 in 5 children experience a diagnosable mental health condition each year, yet only 20% are identified and receive treatment. If you would like information on mental health services, please contact Ms. Hilton.
  - May 6 is Children's Mental Health Awareness Day—join us in bringing awareness to the importance of children's mental health by **wearing green!**
- During the month of May, our Classroom Counseling lessons will focus on our students transition to the next grade level. What has your student learned this year, and what are they looking forward to next year?
- Check out the May "Home and School Connection" and "Recipes for Success"! These documents can also be found in my Schoology group by selecting "Resources" in the "Parent Resources" folder.
  - [..\Home & School Connection\May 2021 HomeSchool Connection.pdf](#)
  - [..\Home & School Connection\May 2021 Recipes for Success.pdf](#)
- If you are interested in joining the SES School Counselor Schoology group (students are already added), you may use the following code: 7MSM-FRZ3-F5XMZ. The following video can assist you with this process: [https://www.youtube.com/watch?v=AY7Rh2Oi\\_0A](https://www.youtube.com/watch?v=AY7Rh2Oi_0A)

*The Sunderland Heartfelt program has begun! The Heartfelt program, supported by community churches, provides a weekly backpack consisting of small meals, snacks, and supplemental food items for the weekend. If your family would benefit from participating, please contact Ms. Hilton (443-550-9387; [hiltond@calvertnet.k12.md.us](mailto:hiltond@calvertnet.k12.md.us)).*

### **Past Information**

- In the past week, our school has experienced an unexpected loss of two young parents. Our school community, staff and students, have experienced more loss than multiple years combined. Our school staff is here to support and offer assistance to all of our families. Please keep our Seahawk families in your thoughts. Please check the Counselor's Corner for some helpful information regarding grief and loss.
- Pre k and Kindergarten registration for the 2021-2022 school year has opened online. Please visit the CCPS website to register your child. Please pass the word to friends, families, and neighbors. Attached is information regarding the Pre K program.
- A press release was issued on April 12<sup>th</sup> from CCPS that we are planning for a full reopening in the fall for the 2021-2022 school year. Please see the CCPS website for the press release. It was sent to all families as well.
- We have invited some special targeted instructional groups to come to school each week and some other groups on Fridays. Our Friday groups began last Friday! The groups that will be attending each week will begin April 26<sup>th</sup>.
- Thank you for your patience during the morning arrival when we completed bus evacuations. We will complete the evacuations again this week for this week's group of students! There may be some delays in the AM.
- April is Autism Awareness month. Please see the attached flier.
- We will be doing Bus Evacuations over the next week with all bus riders. This is a typical safety drill that is completed in the fall and spring each year. The drills will be completed in the morning as the buses arrive.
- We wish Laura White, 2<sup>nd</sup> grade teacher at SES, the very best as she embarks on a new chapter of life in North Carolina. Ms. White will be missed by all. Jen Singh- Montes will be the long-term substitute for

Ms. White's class. Many students and families are familiar with Ms. Singh- Montes since she has been a long-term sub for Ms. Bruzzese this year. We are thrilled she was able to stay with our Sunderland family!